

SELF-CONTROL DESERVES PRIORITY

E. Accept the Process

I.



II.	SELF-CONTROL DISPLAYS MATURITY
III.	SELF-CONTROL DEEPENS DISCIPLINE
IV.	SELF-CONTROL DEMANDS STRATEGY
	A. Ask for the Holy Spirit's Help—Galatians 5:16
	B. Adjust Your Thoughts—1 Peter 1:13 (NLT)
	C. Acquire New Habits—1 Timothy 4:7-8
	D. Avoid Tight Spots